



We believe at Wormholt that PE is an integral part of the curriculum, allowing children to experience various sporting activities; competing at different levels and abilities both in, and outside school.

All pupils have access to two hours of PE a week and all Key Stage 2 children have the opportunity to swim once a week at a local leisure centre. Pupils also have the chance to represent their school in a range of competitive, sporting activities including: Mayor's Cup, Borough Athletics Competitions, Mile Runs, Key Stage 1 & 2 Sports Day, which are held annually at Linford Christie Stadium.

At Wormholt Park, we recognise and value and impact that sport can have on personal success and enjoyment. Encouragement and praise is given to raise self-esteem and develop a sense of wellbeing which continues into later life.

Our school also offers a large number of after school activities which are run by professional coaches, allowing our children to access the very best of athletic support and mentoring. We endeavour to work collaboratively with our Queens Park Rangers Primary Stars Officers. These mentors link PE with other subjects such as literacy and numeracy in structured and monitored programmes that seek to encourage our children to develop cross-curricular links.