

W/C:

week: 01

Stir.

MONDAY

MILD BUTTER CHICKEN

Served with
Whole Grain
Rice & Carrots

SWEET POTATO CHANA MASALA

Served with
Whole Grain Rice
& Carrots

JACKET POTATO

with Cheese or
Baked Beans

PENNE PASTA WITH TOMATO SAUCE

OATIE COOKIE

TUESDAY

TRADITIONAL BBQ BEEF SLOPPY JOES

Served with
Homemade Rainbow Slaw

BROCCOLI, NEW POTATO & SPINACH FRITTATA

Served with
Mixed Salad

JACKET POTATO

with Cheese or
Baked Beans

PENNE PASTA WITH TOMATO SAUCE

JELLY & FRUIT SLICES

WEDNESDAY

ROAST TURKEY

Served with
Crispy Roasties,
Peas & Sweetcorn

REALLY CHEESEY CAULIFLOWER

Served with
Crispy Roasties,
Peas & Sweetcorn

JACKET POTATO

with Cheese or
Baked Beans

PENNE PASTA WITH TOMATO SAUCE

BLUEBERRY & ORANGE TRAYBAKE

THURSDAY

HOMEMADE PIZZA MARGHERITA

Served with
Roasted
Garlic Broccoli

SQUASH & CHICKPEA TAGINE

Served with
Couscous & Roasted
Garlic Broccoli

JACKET POTATO

with Cheese or
Baked Beans

PENNE PASTA WITH TOMATO SAUCE

PINEAPPLE UPSIDE DOWN TRAYBAKE

FRIDAY

GOLDEN FISH FINGERS

Served with
Chips &
Sweetcorn

VEGGIE FINGERS

Served with
Chips &
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

PENNE PASTA WITH TOMATO SAUCE

FRUIT SALAD BOWLS

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

let's eat, together

www.stirfood.co.uk

W/C:

week: 02

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

PIRI PIRI CHICKEN

Served with
Wholegrain Rice &
Broccoli

**HOMEMADE PIZZA
MARGHERITA**

Served with
Homemade Coleslaw
& Green Salad

ROAST CHICKEN

Served with
Crispy Roasties,
Carrots & Sweetcorn

**CHICKEN CHOW
MEIN**

Served with
Egg Noodles &
Green Beans

**GOLDEN FISH
FINGERS**

Served with
Chips &
Baked Beans

**FIVE BEAN
VEGETARIAN
CHILLI**

Served with
Wholegrain Rice &
Broccoli

**SPRING VEGETABLE
TART**

Served with
Homemade Coleslaw
& Green Salad

**SUMMER VEGETABLE
BEAN CASSEROLE**

Served with Mashed
Potatoes, Peas & Carrots

**CREAMY COURGETTE
LASAGNE**

Served with
Mixed Salad

**VEGETABLE
FINGERS**

Served with
Chips &
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

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with Cheese or
Baked Beans

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with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

Penne Pasta with
Tomato Sauce

Penne Pasta with
Tomato Sauce

Penne Pasta with
Tomato Sauce

Penne Pasta with
Tomato Sauce

Penne Pasta with
Tomato Sauce

**BUTTERMILK
PANCAKES & FRUIT
SAUCE**

**JAMMY CRUMBLE
BARS**

FRUIT BOWLS

**APPLE & CINNAMON
SLICE**

**SHORTBREAD
BISCUITS**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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W/C:

week: 03

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GARLIC CHICKEN

Served with
Penne Pasta
& Green Beans

BEEF CON CARNE

Served with
Wholegrain Rice and
Mixed Salad

ROAST CHICKEN

Served with
Crispy Roasties,
Carrots & Sweetcorn

**HOMEMADE PIZZA
MARGHERITA**

Served with
Rustic Italian Potato Salad

**GOLDEN FISH
FINGERS
(Salmon or Pollock)**

Served with
Chips &
Garden Peas

**MAC N CHEESE
WITH A CRISPY
CRUMB TOPPING**

Served with
Green Beans

**BEAN & SWEETCORN
BURRITO**

Served with
Mixed Salad

**SUPER VEGGIE
PASTRY PIE
(Lentil & Onion) (Vg)**

Served with
Crispy Roasties,
Carrots & Sweetcorn

**GOAN CAULIFLOWER &
GREEN BEAN CURRY**

Served with
Whole Grain Rice
& Broccoli

**VEGETABLE
SLOPPY JOES**

Served with
Chips & Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

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Baked Beans

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with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

MELON SELECTION

SPRINKLE CAKE

CORNFLAKE TART

**VANILLA
ICE CREAM CUP**

**GINGERBREAD
COOKIES**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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